

LIVING IN FEAR	For Mother's Coorwhere	POPULAR NOTIONS:
Approximately 20 percent of people in the United States have an intense, irrational fear of common things or experiences, such as spiders, heights, or confined spaces.	My three year old was on my heels, no matter where I went.	IKUE OR FALSE? It takes seven years to digest swallowed gum. Falses Even though gum is indigestible, it still passes through your
Sometrimes they fear something more unusual, such as prime tress or public bathrooms.	Whenever I stopped to do something and runned back around. I would trip over him.	digestive system at a normal rate.
Acrophobia is the fear of heights. This fear is often very specific. A person may be able to sid the Alps with no problem but he over- come with panic on a fifth-floor balcory.	I patiently suggested fun activities to keep him occupied. But he simply smiled	increases too much. False: This legend emerged after it was staged in the 1888 Disney animal documentary White Wilderness.
Astraphobia, also known as tonitrophobia, broatophobia, or kernanophobia, is a paralyzing fear of thunder and lightning. As with other phobias, the reaction often causes a rapid heartheat	and said, "Oh, that's all right mommy, I would rather be in here with you." Then	 The Titenic was the first ship to use SOS as a distress signal. False: Ships had been using SOS for at least three years before the Titanic's fitteful voyage.
confined spaces such as closets and basements. Cacophobia is the fear of ugliness. Sufferers aren't just repulsed	he continued to bounce happily along behind me.	Charite Chapitn once entered and lost a Charite Chapitn look-alike contest. Thue He even failed to make the finals.
by make a court proper or changes uses accease material particular and them. When they see someone or something they consider ugly, they often turn away and flee. Coulomphobia is the fear of clowns. It is a basic survival instinct to	After stepping on his reaction to be for the fifth time,	 The American flag must be burned if it touches the ground. False: Out of respect, it shouldn't touch the ground, but it doesn't
react with suspicion to a "person" with a painted smile and unsmiling eyes, but people with this phobia are terror-stricken when they see this circus staple.	I began to lose patience.	 Boxing Day (celebrated in Canada, Great Britain, Australia, and New Zealand) was designated as a day to get rid of empty gift
Dendrephobla is the fear of trees. A child on a camping trip may be afraid there will be bears wandering among the pines. A fear of bears is not unusual, but the child may subsequently develop a nambrane	he looked up at me with	Poxes on December 26. Faise: Early on, wealthy people gave gifts to the lower classes the day after Christmas.
fear of pine trees. People with dendrophobia usually have strange stories about why they are terrified of a particular type of tree.	sweet green eyes and said, "Well, mommy	 Two of the "Mariboro Men" festured in cigarette ads died of lung cancer.
Friggstrickaldekaphobla is the fear of Friday the 13th. This fear is more typical among people who are from England, Poland, Cermany, Bulgaria, or	footsteps but I can't see Him, so I'm	True: Wayne McLaren, who became an anti-smoking activist after getting hung concer, died in 1982 at the age of 51. David McLean, a Marthoro Man from the 1960s, died in 1995 at the age of 73.
Fortugal-countries in which the number 13 is FRAMAC	walking in yours.	
Nyctrophobia is an irretional fear of nightime or the dark. Rationally,		FOOD FOR THOUGHT
that there is nothing to be sfraid of, but he or she still experiences heightened andety when the lights go out.		good to live in the past,, but it is good to use can spend it well. You are entitled to it because
Trypanophobia is an exaggerated fear of injection with a hypodermic meedle. This phobia has a history in genetic memory. Thousands of years ago, the people who avoided being stabbed in general were the <i>i</i>		earned it. I du can earn a hundred happy days simply by recalling them for you do possess those happy days fully. They are like dollars that are earned memories of good times past should build interest, interest to go forward, interest to have
Trivia Rible Ouestions		times just as good or even better. Spend a little time today in reliving some of those happy days and hours. Think of some time when God was very near
		to you and neeped you m a sportal way. Remember that time when the answer to prayer came just on time. That's the way the Lord always works. And remember if God did it then, he
 How did Judas die? Natthew 27:3-5 Why is it more hospitals bear the name of Saint Luke Inther thun Mark or John? Coloselans 4:14 	HOME	can do it again today and tomorrow and through all eternity. You will never be safer or happier than when you put everything in the lord's hand.
	WORLD'S WUKST WRECK!	



THE SENSE THAT GOD GAVE A GOOSE

As each goose flaps its wings, it creates an "uplift" for the bird following. By flying in a "V" formation, the whole flock adds 71% more flying range than if each bird flew alone. <u>LESSON</u>: people who share a common direction and sense of community can get where they are going quicker



community can get where they are going quicker and easier because they are traveling on the thrust of one another.

When a goose falls out of formation it suddently feels the drag and resistance of trying to fly alone and quickly gets back in formation to take advantage of the lifting power of the birds immediately in front. <u>LESSON</u>: If we have as much sense as a goose, we will keep in formation with those who are headed where we want to go.

When the lead goose gets tired, it rotates back into the formation and another goose flies at the point position. <u>LESSON</u>: It pays to take turns doing the hard tasks and sharing leadership--with people, as with geese...interdependent with one another.

The geese in formation honk from behind to encourage those up front to keep up their speed. <u>LESSON</u>: We need to make sure our honking from behind is encouraging; not something less than helpful.

When a goose gets sick or wounded or shot down, two geese drop out of formation and follow their fellow member down to help provide protection. They stay with this member of the flock until he or she is able to fly again or dies. Then they launch out on their own, with another formation or to catch up with their own flock. <u>LESSON</u>: If we have as much sense as the geese, we'll stand by one another like they do.

SPEAKERS AT GRACE BAPTIST DURING 2019

The following is a list of the preachers and laymen who preached or taught from the pulpit of Grace Baptist in 2019:

Dr. Gary Dice, Pastor Leonard Dice, Asst. Jeff Fesler	Monte Watts, Jr. Mike Rhykus Thomas Myers	Seth Myers Greg Ewing Todd Painter
Ryan Dice	Ted Huston	Dr. Wendell Evans
Jeremy Hinton	Bobby Johnston	Stan Kiefer
Dr. Ray Young	Randy Love	Bob Ueltzen
Philip Dice	Arnold Alagao	Cory Allen
Jeremiah Hart	Jason Barnes	Matthew Harrison
Kenny Peterson	Warren Storm	